

Let us help you improve your well-being



My benefits have stopped

Something's gone wrong with my purchase!

I am being unfairly treated at work

I don't know my legal rights?

I need help with my relationship problems

I feel anxious, worried and scared

I'm sure that's not right, but what can I do?

I'm having problems with the gas company

Can my landlord evict me?

How can I sort out my debt problems?

What are my employment rights?

To book an appointment with a **Well-being adviser**, please speak to your GP, Nurse or Practice staff member

A Birmingham CAB Well-being Adviser attends this surgery to provide **FREE, IMPARTIAL** and **CONFIDENTIAL** advice on:

Bailiffs, Benefits, Debt, Landlord Problems, Disrepair, Housing, Dismissal, Redundancy, Consumer, Domestic Violence, Relationships,